

# The Voice

February 2018

**Baptist Manor --- A Community of Caring**

276 Linwood Avenue

Buffalo, NY 14209

[www.baptist-manor.org](http://www.baptist-manor.org)

## Martha's Message

Welcome to the February Voice. Our monthly newsletter to keep you updated on our latest news and events. Each month we have an exchange meeting to share ideas, suggestions, concerns and most importantly to celebrate birthdays and the arrival of new residents. ***This month's exchange meeting will be held on Wednesday February 27<sup>th</sup>, at 2:00 p.m. in the community room.***

A big thank you goes out to the Enhancement Committee for organizing an evening of dining and dancing with the New Year's Party held on Jan 5th. It was an evening of fun, friends and good food. Thank you for working together to bring events that add joy to the lives of so many of you.

I would like to recognize a special award one of our residents recently received. As many of you know, Joyce Young is a very talented photographer. She recently took 1<sup>st</sup> place in a photography contest "Close-Up" category at Burchfield Nature Center. Congratulations Joyce! We look forward to seeing more of your inspired photos.

February is "American Heart Month." At Baptist Manor we try to offer a wide variety of activities for you to enjoy. Many of them are designed to improve your health such as the "Pace and Bands Program" on Monday's and Thursday's at 10am, line dancing every Saturday at 10am, Yoga every Wednesday at 10am and Wii bowling every Tuesday and Thursday at 2pm. These are all great ways to improve your health and have fun at the same time. If you haven't already joined one of these activities, I hope you will consider giving it a try.

Please remember, all visitors should be "buzzed in" to the building by the resident they are visiting. If someone follows you in when you unlock the door, kindly remind them of this policy. We also do not allow soliciting in the building. If you are approached by someone at your apartment door either selling something, handing out flyers, etc. let the office know immediately. Thank you for your cooperation.

In observation of Presidents Day, the office will be closed on Monday, February 18<sup>th</sup>.

Stay warm, happy and healthy,

Martha





## Joans Notes

Please join us for upcoming presentations and special programs. Check the Voice calendar for dates, time and RSVP.

Chase away the winter blues; celebrate Valentine's Day with a special luncheon followed by an interactive dance performance with our dear friends Salsa Sarah and Jerome!

A big shout out and thank you to Jackie Daniels for arranging our Black History Celebration, Wednesday February 20<sup>th</sup> at 12:00 with special luncheon, awesome guest speakers, music by D.J. Dave and a special dance performance from Miss J's Studio. Flyers will be posted with all the details!

Continued thanks to Deidre and Seamus for bringing us UB CHIPS and Josephine Martin's family for donating this concert! Outstanding !

Take advantage of our programs and educational opportunities; Falls and Fracture Prevention Seminar and Stay Fit Dining Food Demo, "Cooking for One!"

To our dedicated volunteers, "the magic fairies," thank you for all the behind the scenes hard work you do every day! Thank you for making our Holiday Season so special.

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."

Edith Sitwel

God Bless and keep you, Joan



*Have a very Happy Valentine's Day*

## *Don't Miss February's Special Events* 📢

**February 3<sup>rd</sup> @ 6:00PM- Resident Super Bowl Party- Community Room**

**February 4<sup>th</sup> @ 4:30PM- Enhancement Committee Meeting**

**February 5<sup>th</sup> @ 5:30PM Wii Bowling League**

**February 7<sup>th</sup> @ 10-12 Noon Falls and Fracture Prevention Seminar**

**February 8<sup>th</sup> @ 2:00PM Movie-Wild Oats**

**February 8<sup>th</sup> @ 6:00PM Pokemo**

**February 11<sup>th</sup> @ 5:30PM Gospel Choir**

**February 14<sup>th</sup> @ 12:00 Noon- Valentines Day Luncheon**

**February 14<sup>th</sup> @ 1:30PM Salsa Sarah and Jerome**

**February 18<sup>th</sup> Office Closed-Presidents Day**

**February 20<sup>th</sup> @ 12:00 Noon-Special Lunch-Black History Celebration...Music, guest speakers, dance**

**February 22<sup>nd</sup> @ 2:00PM Movie- The Guernsey Literary & Potato Peel Pie Society**

**February 26<sup>th</sup> @ 2:00 Stay Fit Food Demo- "Cooking for One"**

**February 27<sup>th</sup> @ 2:00 Exchange Meeting & Birthday Celebration**



# WATER EMERGENCIES: 983-1711

## Taxi Services

Airport	633-8294
Broadway	896-4600
Cold Spring	886-4900
Liberty	877-7111

## Transportation

CAO – Joyce Wilson	886-2616
The Mayor's Van	851-4141
Going Places Van	858-7433
West Side Community Services	884-6616

## Grocery Services

Super Saver/Tim & Marge Wagner 894-7990

\$7.50 - \$12.00 Charge

Price Rite-885-2887

Cliff-622-9540 (Schwans)

## Horticulture

Thomas Morris – Apt. #127 730-0734

\$5.00 Consultation Fee

## Beauticians

Kut to the Point Salon 220-8043

## Laundry Services

Bryant Street Laundry 939-3131

Aladdin Dry Cleaning 835-1707

Jewelry Repair-Lela Hall-Apt #36 935-7333

Mending & Darning-J.Ingram #149 529-9418

## Medical Services

Podiatrist – Dr. Leon Ber, D.P.M. 895-5454

(Does home visits)

Reflexologist – Tonnalee Batchelor 830-4715

Podiatrist - Dr. Robert Ciepiela 832-2762

(Does home visits)

Stay Fit Dining – Lunch Program Mon-Fri 12:15 Community Room

Place orders by Wed. 9:30 a.m. 1 week prior with Joan at 819-1820

## ~~~Birthdays~~~

Fannie Taylor #61 2/1

Sandra St. Louis #65 2/2

Raymond Gant #34 2/6

Nellie Kenner #51 2/12

Thelma Lane #52 2/13

Daisy Anderson #62 2/14

Viola Lewis #146 2/25

