



Erie County Stay Fit Dining Program

Standard Menu

May 2021



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Cheese Omelet with Peppers, Onions, Tomatoes & Cheese Sauce Tater Tots Raisin Bread Fruit Compote (777) | 4 Rigatoni with Italian Sausage & Tomato Sauce Broccoli Chef Salad with Dressing Dinner Roll Peach Bavarian (746) | 5 Mother's Day Lunch Chicken Cordon Bleu with Herb Cream Sauce Rice Pilaf Brussels Sprouts Dinner Roll Chef Salad with Dressing Cheesecake with Strawberry Topping (1040) | 6 Breaded Pork Chop with Gravy Lazy Pierogi Carrots Whole Wheat Dinner Roll Pineapple & Mandarin Oranges (678) | 7 Entrée Salad Tuna Macaroni Salad on a Bed of Fresh Salad Greens Club Crackers Fresh Apple Chocolate Milk (774) |
| 10 Breaded Chicken Breast with Herb Gravy Spanish Rice French Bean Medley Dinner Roll Fresh Orange Chocolate Milk (656) | 11 Stuffed Shells with Tomato Meatsauce & Mozzarella Chef Salad with Dressing Cauliflower Italian Bread Shortbread Cookies (841) | 12 BBQ Pork Ribette Scalloped Potatoes Peas with Red Pepper Dinner Roll Chocolate Bavarian (866) | 13 Entrée Salad Cranberry Chicken Salad on a Bed of Fresh Salad Greens Club Crackers Orange Sherbet (703) | 14 Roast Beef with Horseradish & Gravy on a Bun Mashed Potatoes Mixed Vegetables Strawberry Gelatin with Fruit (773) |
| 17 Ham Steak with Pineapple Topping Sweet Potatoes Creamy Dill Cabbage Whole Wheat Dinner Roll Shortbread Cookies (692) | 18 Beef Stew with a Biscuit Brussels Sprouts Chef Salad with Dressing Cinnamon Applesauce (683) | 19 Cheese Tortellini with Chicken & Cream Sauce Carrots Chef Salad with Dressing Italian Bread Fresh Orange Chocolate Milk (693) | 20 Turkey with Gravy & Cranberry Sauce Garlic Mashed Potatoes Green Bean Casserole Wheat Bread Strawberry Bavarian (621) | 21 Stuffed Pepper with Tomato Meatsauce Mashed Potatoes Broccoli Dinner Roll Fruit Compote (658) |
| 24 Polynesian Chicken over Rice California Blend Vegetables Zucchini & Summer Squash Chocolate Cake with Chocolate Frosting (773) | 25 Entrée Salad Julienne Salad with Classique Dressing Whole Wheat Dinner Roll Tropical Fruit (621) | 26 Roast Beef with Horseradish & Gravy Cheesy Mashed Potatoes Carrots Deli Rye Bread Fresh Banana Chocolate Milk (893) | 27 Breaded Chicken Drumsticks Seasoned Spinach Harvard Beets Cornbread Mandarin Oranges (692) | 28 Memorial Day Lunch Steakhouse Burger with Steak Sauce Corn on the Cob California Vegetable Blend Potato Salad Wheat Dinner Roll Cherry Pie with Whipped Topping (1034) |
| 31 No Meals Served  <small>REMEMBER THOSE WHO SERVED ALL GAVE SOME, SOME GAVE ALL</small> | 1 Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Chocolate Chip Cookies (782) | 2 Turkey with Stuffing & Gravy Molded Cranberry Salad Mashed Sweet Potatoes Peas Fresh Apple (769) | 3 Entrée Salad Low-fat Cottage Cheese with Mandarin Oranges & Pineapple on a Bed of Fresh Salad Greens with Classique Dressing Whole Wheat Crackers Chocolate Mousse (593) | 4 Roast Pork with Warm Cinnamon Apples Mashed Potatoes Carrots Wheat Bread Frosted Spice Cake (770) |