








Erie County Stay Fit Dining Program
STANDARD
May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Beef Pepper Steak over Rice Green Beans with Red Pepper Carrots Fruit Delight Cookie (653)</p>	<p>1 Chef Side Salad Stuffed Shells with Tomato Sauce Seasoned Spinach Chef Salad with Dressing Pineapple Tidbits (988)</p>	<p>2 Boneless Chicken Breast with Gravy Mashed Sweet Potatoes Mixed Vegetables Fresh Banana (702)</p>	<p>3 Hot Roast Beef Sandwich with Gravy Garlic Mashed Potatoes Stewed Tomatoes Sugar Cookies (813)</p>	<p>4 Ham & Cheese Strata with White Cheese Sauce Scalloped Apples & Cranberries Broccoli Ambrosia (947)</p>
<p>7 Beef Macaroni Casserole with Cheddar Cheese Cauliflower Fiesta Corn Diced Peaches(754)</p>	<p>8 ENTRÉE SALAD Tuna Macaroni Salad with Cherry Tomatoes on a Bed of Lettuce w/ Classique Dressing Diced Pears (1002)</p> 	<p>9  Chicken Cordon Bleu w/ Herbed Cream Sc Orange Glazed Carrots Brussels Sprouts Cheese Cake <i>Mother's (752) DAY</i></p>	<p>10 Sliced Roast Pork w/Mushroom Gravy Rice Pilaf Harvard Beets Orange (667)</p>	<p>11 Chef Side Salad Homemade Stuffed Pepper w/ Savory Sauce Mashed Potato Chef Salad w/Dressing Fruited Gelatin (941)</p>
<p>14 Hamburger on a Bun w/Gravy Mashed Potato Broccoli Apple (767)</p>	<p>15 Boneless Chicken Breast w/Gravy Seasoned Mashed Squash Green Beans w/Red Pepper Oatmeal Raisin Cookies (722)</p>	<p>16 Chili Con Carne w/Cheddar Cheese Carrots Apple Juice Pineapple Tidbits (747)</p>	<p>17 Sweet and Sour Chicken over Rice Seasoned Spinach Wax Beans Diced Peaches (602)</p>	<p>18 Cabbage Roll with Savory Meat Sauce Mashed Potato Green Peas Tapioca Pudding(771)</p>
<p>21 Pork Ribbette w/ BBQ Sauce on a Roll Mashed Potato w/ Chives Zucchini & Summer Squash Orange (702)</p>	<p>22 Beef Stew with a Biscuit Green Beans Tropical Fruit Cup (604)</p>	<p>23 Breaded Chicken Breast over Rice Pilaf w/Gravy Broccoli Apple Juice Peach Bavarian (747)</p>	<p>24 Meatloaf with Gravy AuGratin Potatoes Seasoned Spinach Orange Gelatin w/ Pineapple (715)</p>	<p>25 MEMORIAL DAY MEAL  Sahlen's Hot Dog w/ Bkd Beans Carrots Potato Salad White Cake w/Strawberries and Whipped Topping (887)</p>
<p>28</p> 	<p>29 Meatballs with German Sauce over Cavatappi California Blend Vegetable Oatmeal Cookies (884)</p>	<p>30 Sliced Turkey Breast with Stuffing & Gravy Mashed Potato Green Beans w/ Red Pepper Spice Cake w/Cream Cheese Frosting (817)</p>	<p>31 ENTRÉE SALAD Chicken Salad with Cranberries on Lettuce Greens &Classique Dressing Orange (792)</p> 	<p>1 Homemade Stuffed Pepper with Savory Sauce Mashed Potato Peas & Carrots Cherry Gelatin w/Pears (784)</p>