



Eric County Stay Fit Dining Program
STANDARD
FEBRUARY 2019



Happy
Valentine's
Day



Monday	Tuesday	Wednesday	Thursday	Friday
<p>28</p> <p>Chicken Casserole with Biscuit & Gravy Brussels Sprouts Fresh Banana (721)</p>	<p>29</p> <p>Veggie Burger with Ketchup on a Wheat Bun Roasted Red Potatoes Seasoned Spinach Pineapple Chocolate Milk(684)</p>	<p>30</p> <p>Roasted Pork Loin with Gravy Mashed Squash Creamy Cabbage with Dill Rye Bread Cinnamon Streusel Cake (690)</p>	<p>31</p> <p>Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (849)</p>	<p>1</p> <p>Side Salad Lasagna Roll with Meat Sauce California Blend Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (761)</p>
<p>4</p> <p>Omelet with Cheese Sauce Red & Green Peppers with Mushrooms Roasted Red Potatoes Raisin Bread Fresh Orange Chocolate Milk(810)</p>	<p>5</p> <p>Chinese New Year Teriyaki Seasoned Beef Strips over Rice Oriental Mixed Vegetables Pineapple Juice Lemon Meringue Pie (742)</p>	<p>6</p> <p>Side Salad Baked Rigatoni with Italian Sauce & Tomato Sauce Broccoli Chef Salad with Dressing Split Top Roll Peach Bavarian (744)</p>	<p>7</p> <p>Breaded Pork Chop with Gravy Lazy Pierogi Carrots Dinner Roll Pineapple & Mandarin Oranges (775)</p>	<p>8</p> <p>Entrée Salad Chicken Salad with Cranberries on a Bed of Lettuce & Tomatoes with Massique Dressing Breakaway Roll Cinnamon Pear Crisp (889)</p>
<p>11</p> <p>Herb Crusted Tilapia Broccoli Zucchini with Diced Tomato Wheat Bread Ice Cream (638)</p>	<p>12</p> <p>Stuffed Shells with Meat Sauce & Mozzarella Cheese Seasoned Spinach with Mushrooms Cauliflower Italian Bread Italian Cookies (734)</p>	<p>13</p> <p>Pork Ribette with BBQ Sauce Scalloped Potatoes Peas with Red Pepper Dinner Roll Chocolate Bavarian (865)</p>	<p>14</p> <p>Valentine's Day Breaded Chicken Drumsticks Roasted Red Skin Potatoes French Bean Medley Dinner Roll Cheesecake with Chocolate Drizzle (895)</p>	<p>15</p> <p>Soup & Sandwich Shredded Roast Beef with Gravy & Horseradish on a Bun Potato Chowder Mixed Vegetables Strawberry Gelatin w/ Fruit Cocktail(721)</p>
<p>18</p> <p>Patriot's Day Holiday</p> <p>No Meals Served</p>	<p>19</p> <p>Hearty Beef Stew Brussels Sprouts Biscuit Fresh Banana Chocolate Milk (659)</p>	<p>20</p> <p>Presidents' Day Meal Stuffed Pepper with Tomato Meat Sauce Mashed Potatoes Broccoli Italian Bread Cherry Pie with Whipped Topping (891)</p>	<p>21</p> <p>Entrée Salad Julienne Salad Dinner Roll Lorna Doones (697)</p>	<p>22</p> <p>Side Salad Cheese Tortellini with Chicken & Cream Sauce Chef Salad with Dressing Italian Vegetables Split top Roll Fresh Orange (788)</p>
<p>25</p> <p>Polynesian Chicken over White Rice California Blend Vegetables Summer Squash Chocolate Cake with Whipped Topping (810)</p>	<p>26</p> <p>Omelet with Cheese Sauce Spinach Harvard Beets Honey Bran Square Mandarin Oranges (658)</p>	<p>27</p> <p>Sliced Roast Beef with Gravy Cheesy Mashed Potatoes Sliced Carrots Rye Bread Apple Chocolate Milk(705)</p>	<p>28</p> <p>BBQ Pulled Pork Butternut Squash Roasted Red Potatoes Wheat Hamburger Roll Tropical Fruit Cup (700)</p>	<p>1</p> <p>Beer Battered Fish Mixed Vegetables German Potato Salad Cornbread Ambrosia (740)</p>