



Erie County Stay Fit Dining Program

Standard Menu

April 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| <p>1 April Fools Day! Omelet with Peppers Onions, Tomatoes & Cheese Sauce Hash Brown Potato Raisin Bread Strawberry Shortcake with Whipped Topping (829)</p> | <p>2 ENTRÉE SALAD Grilled Chicken Caesar Salad with Caesar Dressing Dinner Roll Snickerdoodle Cookies (1005)</p> | <p>3 Roast Beef with Gravy Sweet Potatoes Savory Sautéed Cabbage Rye Bread Frosted Cherry Cake (714)</p> | <p>4 Bratwurst with Baked Beans and Mustard on a Hoagy Roll Mixed Vegetables Roasted Potatoes Mandarin Oranges (802)</p> | <p>5 Side Salad Cheese Ravioli with Tomato Meatsauce Chef Salad with Dressing Seasoned Summer Squash with Red Peppers Italian Bread Peaches (756)</p> |
| <p>8 Boneless Chicken Breast with Marsala Sauce Cauliflower Mixed Vegetables Dinner Roll Oatmeal Raisin Cookies (674)</p> | <p>9 Side Salad Tortellini with Tomato Meatsauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Orange Chocolate Milk (746)</p> | <p>10 Polish Sausage with Sauerkraut & Mustard on a Bun Fresh Red-skin Potato Au Gratin Broccoli Rice Krispie Treat (951)</p> | <p>11 Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Breakaway Roll Lorna Doones (863)</p> | <p>12 ENTRÉE SALAD Tuna Macaroni Salad on a Bed of Lettuce with Tomatoes Club Crackers Fruit Cocktail (668)</p> |
| <p>15 Penne Pasta with Meatballs, Spaghetti Sauce & Mozzarella Cheese Country Cottage Mixed Vegetables Peas Lorna Doones (823)</p> | <p>16 Beef Pepper Steak Casserole over Rice Seasoned Spinach Pineapple Juice Strawberry Bavarian (641)</p> | <p>17 Easter Meal Chicken Cordon Bleu with Herbed Cream Sauce Orange-glazed Carrots Broccoli Rice Pilaf Coconut Cream Pie (1268)</p> | <p>18 Breaded Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Cinnamon Applesauce (656)</p> | <p>19 No Meals Served</p>  |
| <p>22 Dyngus Day Cabbage Roll with Savory Meatsauce Mashed Potatoes Corn Deli Rye Bread Strawberry Ice Cream (816)</p> | <p>23 Panko Breaded Chicken Thigh Cheddar Mashed Potatoes Lima Bean Bake Multigrain Bread Tropical Fruit (791)</p> | <p>24 ENTRÉE SALAD Scoop Each of Cottage Cheese & Egg Salad on a Bed of Lettuce with Tomatoes Whole Grain Crackers Fresh Fruit Chocolate Milk (623)</p> | <p>25 Chicken Pasta Primavera Italian Vegetables Dinner Roll Ambrosia (748)</p> | <p>26 Ham Steak with Maple Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (914)</p> |
| <p>29 Chicken Vegetable Casserole with a Biscuit Brussels Sprouts Fresh Banana (721)</p> | <p>30 Hot Dog with Ketchup on a Bun Fresh Roasted Red Potatoes Seasoned Spinach Pineapple Chocolate Milk (799)</p> | <p>1 Roasted Pork Loin with Gravy Mashed Squash Creamy Cabbage with Dill Rye Bread Cinnamon Streusel Cake (690)</p> | <p>2 Side Salad Lasagna Roll with Meatsauce California Mixed Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (751)</p> | <p>3 Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pear Onions Wheat Bread Brownie (849)</p> |