



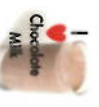




Erie County Stay Fit Dining Program
STANDARD MENU
APRIL 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>2 DYNIGUS DAY</p> <p>Cabbage Roll with Savory Sauce Mashed Potatoes Carrots Ice Cream (723)</p>  | <p>3</p> <p>Breaded Chicken Breast with Mushroom Gravy Butternut Squash Green Beans w/ Red Pepper Diced Peas (680)</p> | <p>4 ENTRÉE SALAD</p> <p>Julienne Salad with Dressing Rye Bread Fresh Banana (819)</p>  | <p>5</p> <p>Breaded Boneless Pork Chop with Gravy Scalloped Potatoes Cottage Mixed Vegetables Ambrosia (903)</p> | <p>6</p> <p>Hamburger with Onion Gravy Oven Browned Potatoes with Peppers & Onions Seasoned Spinach Gelatin with Fruit (876)</p> |
| <p>9</p> <p>BBQ Pulled Pork Seasoned Home Fries Romano Vegetable Blend Fresh Orange Chocolate Milk (854)</p>  | <p>10 Chef Side Salad</p> <p>Penne Pasta with Meatballs and Tomato Sauce Peas Chef Salad with Dressing Tropical Fruit (902)</p> | <p>11</p> <p>Breaded Chicken Breast with Herb Gravy Mashed Sweet Potatoes Cauliflower Chocolate Chip Cookies (934)</p> | <p>12</p> <p>Meatloaf with Onion Gravy Mashed Potatoes Fiesta Corn Orange Pineapple Velvet (937)</p> | <p>13</p> <p>Breaded Fish with Tartar Sauce Broccoli Cheese Rice Casserole Carrots Apple Juice Frosted Brownie (869)</p> |
| <p>16</p> <p>Boneless Chicken Breast with Gravy Cheesy Mashed Potatoes Peas Butterscotch Pudding (657)</p> | <p>17</p> <p>Veal Parmesan with Tomato Sauce over Penne Pasta Apple Juice Seasoned Spinach Carnival Sugar Cookies (972)</p> | <p>18</p> <p>Ham Steak with Maple Glaze Mashed Sweet Potatoes Green Beans with Red Pepper Gelatin with Fruit (689)</p> | <p>19</p> <p>Hot Dog with Chili Sauce Macaroni & Cheese California Blend Vegetables Pineapple Tidbits (860)</p> | <p>20</p> <p>Breaded Boneless Pork Chop with Gravy Mashed Lyonnaise Potatoes Broccoli Fresh Banana (696)</p> |
| <p>23</p> <p>Swedish Meatballs over Cavatappi Pasta Brussels Sprouts Corn Chocolate Pudding (785)</p> | <p>24</p> <p>Breaded Chicken Breast with Gravy Mashed Sweet Potatoes Green Beans Tropical Fruit (756)</p> | <p>25 Chef Side Salad</p> <p>Lasagna Roll with Tomato Meat Sauce & Mozzarella Cheese Cauliflower Chef Salad with Dressing Strawberry Bavarian (968)</p> | <p>26</p> <p>Turkey with Stuffing & Gravy Sour Cream & Chive Mashed Potatoes Carrots Lemon Cake with Frosting (808)</p> | <p>27 ENTRÉE SALAD</p> <p>Julienne Salad with Dressing Wheat Dinner Roll Fresh Orange (795)</p>  |
| <p>30</p> <p>Beef Pepper Steak over Rice Green Beans with Red Pepper Carrots Fruit Delight Cookie (653)</p> | <p>1 Chef Side Salad</p> <p>Stuffed Shells with Tomato Sauce Seasoned Spinach Chef Salad with Dressing Pineapple Tidbits (988)</p> | <p>2</p> <p>Boneless Chicken Breast with Gravy Mashed Sweet Potatoes Mixed Vegetables Fresh Banana Chocolate Milk (702)</p>  | <p>3</p> <p>Hot Roast Beef Sandwich on a Bun with Gravy Garlic Mashed Potatoes Stewed Tomatoes Sugar Cookies (813)</p> | <p>4</p> <p>Ham & Cheese Strata with White Cheese Sauce Scalloped Apples & Cranberries Broccoli Ambrosia (947)</p> |