

Erie County Stay Fit Dining Program Menu



March

2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breaded Chicken Cutlet with Herb Gravy 1297 Scalloped Potatoes Broccoli Florets Wheat Bread Fudge Round (820)</p>	<p>3 Hearty Beef Stew Mashed Potatoes Green Peas Dinner Roll Chocolate Pudding (747) 920</p>	<p>4 Lower Sodium Baked Ham with Maple Glaze Sweet Potatoes Lima Bean Bake Rye Bread 1155 Pineapple Tidbits (619)</p>	<p>5 Entrée Salad Chicken Caesar Salad with Caesar Dressing 1268 Dinner Roll Fresh Orange Chocolate Milk (805)</p>	<p>6 Soup & Salad Broccoli Cheddar Soup Carrots Apple Juice Chef Salad with Dressing Corn Muffin 1193 Fruit Cocktail (805)</p>
<p>9 Hearty Turkey Stew Garlic Mashed Potatoes Green Beans Dinner Roll Lorna Doones (613) 920</p>	<p>10 Meatballs with Sweet Chili Sauce over White Rice Broccoli Florets Carrots Strawberry Gelatin (613) 671</p>	<p>11 Tortellini with Diced Chicken & Red Pepper Cream Sauce California Blend Vegetables Grape Juice 921 Chef Salad with Dressing Italian Bread Fresh Banana (691)</p>	<p>12 Roast Pork Loin with Warm Cinnamon Apples Sweet Potatoes Brussels Sprouts Dinner Roll 531 Oatmeal Cookies (763)</p>	<p>13 Omelet with Pepper & Onion Cheese Sauce 918 Rosemary-seasoned Potatoes Mixed Vegetables Wheat Bread Pineapple Tidbits Chocolate Milk (664)</p>
<p>16 Pork Ribette with BBQ Sauce on a Bun Duchess Potatoes Green Peas 1461 Sugar Cookies (980)</p>	<p>17 St. Patrick's Day Meal Corned Beef with Cabbage Buttered Potatoes Carrots 1608 Deil Rye Bread Lime Sherbet (655)</p>	<p>18 Breaded Chicken Cutlet with Herb Gravy 882 Mashed Sweet Potatoes Green Beans Wheat Dinner Roll Butterscotch Pudding (750)</p>	<p>19 Italian Sausage with Tomato Sauce on a Bun 983 Corn Spinach Tropical Fruit Chocolate Milk (608)</p>	<p>20 Welcome Spring! Lasagna Roll with Primavera Cream Sauce Broccoli Florets Chef Salad with Garbanzo Beans & Dressing Dinner Roll 1388 Lemon Meringue Pie (874)</p>
<p>23 Chicken Vegetable Casserole Mashed Potatoes Green Beans Dinner Roll Applesauce 535 (548)</p>	<p>24 Chili con Carne with Cheddar Apple Juice Carrots Corn Muffin Chef Salad with Dressing Fresh Banana (912) 1105</p>	<p>25 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Butternut Squash Cauliflower Lorna Doones (621)</p>	<p>26 Polish Sausage with Sauerkraut & Mustard on a Bun 1904 Scalloped Potatoes Peas with Red Peppers Fruit Cocktail Chocolate Milk (833)</p>	<p>27 Spanish Omelet Cheesy Diced Potatoes Broccoli Florets Wheat Bread Tropical Fruit (631) 1096</p>
<p>30 Turkey a la King Mashed Sweet Potatoes Green Beans Warm Biscuit Chocolate Pudding (681) 1358</p>	<p>31 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Peas 976 Italian Bread Fresh Orange Chocolate Milk (717)</p>	<p>1 Easter Luncheon Chicken Cordon Bleu with Herb Gravy 1811 Rosemary-seasoned Potatoes Vegetable Medley Chef Salad with Dressing Dinner Roll Coconut Cream Pie (1098)</p>	<p>2 Polynesian Chicken Stew over White Rice Carrots Broccoli Florets Sugar Cookies (631) 520</p>	<p>3 No Meals Served</p>

