

Erie County Stay Fit Dining Program Standard Menu



May 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Caribbean Chicken Stew Yellow Rice with Turmeric Broccoli Florets Orange-Pineapple Juice Lorna Doones (791) 504</p>	<p>7 Hamburger with Onion Gravy on a Wheat Bun Mashed Potatoes Green Beans Butterscotch Pudding  Chocolate Milk (767) 891</p>	<p>1 Chicken Breast with Mushroom Gravy Vegetable Rice Pilaf Country Cottage Mixed Vegetables Fruit Punch 1114 Chef Salad with Dressing Diced Peaches (667)</p>	<p>2 Entrée Salad Beef Taco Salad with Ground Beef, Shredded Cheddar & Tortilla Strips Fruit Cocktail (653) 842</p>	<p>3 Cheese Tortellini with Chicken & Red Pepper Cream Sauce Cauliflower Green Beans Whole Wheat Dinner Roll Fudge Round Cookie (665) 767</p>
<p>13 Sloppy Joe on a Bun Tater Tots Au Gratin Spinach Tropical Fruit (786) 1299</p>	<p>14 Hearty Pork Stew Mashed Potatoes Broccoli Florets Warm Biscuit Sugar Cookies (794) 1027</p>	<p>8 Mother's Day Lunch Broccoli Stuffed Chicken with Herb Cream Sauce Vegetable Rice Pilaf Carrots & Cauliflower Chef Salad with Tomatoes Dinner Roll Peach Pie with Whipped Topping (1110) 1366</p>	<p>9 Ham Steak with Maple Glaze Sweet Potatoes Brussels Sprouts Corn Muffin Strawberry Jello (643) 1167</p>	<p>10 Vegetable Quiche with Cheese Sauce Potatoes O'Brien Harvard Beets Wheat Dinner Roll Chocolate Ice Cream (783) 1165</p>
<p>20 Macaroni & Cheese Peas with Red Peppers California Blend Vegetables Wheat Dinner Roll Rice Krispie Treat (893) 1517</p>	<p>21 Taco-seasoned Ground Beef with Shredded Cheddar on a Flour Tortilla Spanish Rice Fiesta Corn Chef Salad with Dressing Fresh Orange 1232 Chocolate Milk (838)</p>	<p>15 Chicken Breast with Gravy Broccoli Cheese Rice Casserole Carrots 1262 Wheat Dinner Roll Mandarin Oranges (615)</p>	<p>16 Lasagna Roll with Tomato Meat Sauce California Blend Vegetables Chef Salad with Dressing Dinner Roll 1071 Chocolate Pudding (778)</p>	<p>17 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Garlic Mashed Potatoes Mixed Vegetables Fresh Banana 1218 Chocolate Milk (718)</p>
<p>27 No Meals Served</p>	<p>28 Beef Macaroni Casserole with Shredded Mozzarella Peas & Carrots Grape Juice 801 Multigrain Bread Strawberry Ice Cream (920)</p>	<p>22 Entrée Salad Greek Grilled Chicken Breast Salad with Greek Dressing Dinner Roll Vanilla Pudding (703) 1206</p>	<p>23 Breaded Pork Chop with Warm Cinnamon Apples Mashed Sweet Potatoes Bavarian Cabbage Dinner Roll Oatmeal Round Cookie (789) 973</p>	<p>24 Memorial Day Lunch Breaded Chicken Drumsticks Ranch-seasoned Mashed Potatoes Lima Bean Bake Chef Salad with Dressing Dinner Roll Chocolate-covered Ice Cream Bar (941) 1526</p>
<p>29 Tortellini with Chicken & Primavera Sauce Italian Bean Medley Chef Salad with Dressing Dinner Roll 1030 Fresh Banana Chocolate Milk (734)</p>	<p>30 Ham Steak with Brown Sugar Glaze Sweet Potatoes Brussels Sprouts Rye Bread Chocolate Chip Cookies (665) 1161</p>	<p>31 Beer-Battered Fish with Tartar Sauce Tater Tots Au Gratin Broccoli Dinner Roll 1641 Chocolate Pudding (751)</p>		

REMEMBER THOSE WHO SERVED



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