



Erie County Stay Fit Dining Program

June 2025



Monday		Tuesday		Wednesday		Thursday		Friday	
2	Lasagna Roll with Primavera Sauce Zucchini Broccoli Florets Wheat Dinner Roll Oatmeal Cookies (704)	3	Chicken & Sausage Paella Corn with Red Peppers Cauliflower Rice with Black Beans Chocolate Pudding (601)	4	Entrée Salad Chicken Caesar Salad with Caesar Dressing Dinner Roll Fruit Cocktail <i>Chocolate Milk</i> (798)	5	Breaded Chicken Breast with Gravy Mashed Potatoes Carrots Wheat Bread Fudge Round Cookie (797)	6	Ham Steak with Maple Glaze Sweet Potatoes Lima Bean Bake Rye Bread Pineapple Tidbits (619)
9	Hearty Turkey Stew Garlic Mashed Potatoes Green Beans Dinner Roll Mandarin Oranges (519)	10	Meatballs with Sweet Chili Sauce over White Rice Broccoli Florets Carrots Strawberry Gelatin (607)	11	Tortellini with Tomato Meat Sauce & Mozzarella California Blend Vegetables Chef Salad with Dressing Italian Bread Fresh Banana <i>Chocolate Milk</i> (759)	12	Father's Day Lunch Breaded Boneless Pork Chop with Stuffing & Gravy Ranch Mashed Potatoes Brussels Sprouts Chef Salad with Dressing Peach Pie with Whipped Topping (1095)	13	Beer Battered Fish with Tartar Sauce Broccoli Cheese Rice Casserole Zucchini & Tomatoes Wheat Dinner Roll Pineapple Tidbits (677)
16	Pork Ribette with BBQ Sauce on a Bun Duchess Potatoes Carrots Sugar Cookies (666)	17	Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Potatoes Green Beans Fresh Orange <i>Chocolate Milk</i> (616)	18	Juneleventh Meal Breaded Chicken Drumsticks Ranch Mashed Potatoes Seasoned Mixed Greens Corn Muffin Banana Cream Pie (1075)	19	No Meals 	20	Welcome Summer! Mandarin Chicken & Sunflower Salad with Dressing Wheat Dinner Roll Chocolate Covered Ice Cream Bar (741) <i>S'mores</i>
23	Polish Sausage with Sauerkraut & Mustard on a Bun Scalloped Potatoes Peas with Red Peppers Fruit Cocktail (793)	24	Chili con Carne with Shredded Cheddar Carrots Apple Juice Chef Salad with Dressing Corn Muffin Fresh Banana (912)	25	Chicken Vegetable Casserole Mashed Potatoes Green Beans Dinner Roll Applesauce (548)	26	Chicken Breast with Lemon Herb Sauce Vegetable Rice Pilaf Spinach Italian Bread Pineapple Tidbits <i>Chocolate Milk</i> (595)	27	Vegetable Quiche with Cheese Sauce Broccoli Florets Harvard Beets Wheat Bread Chocolate Chip Cookies (738)
30	Roasted Turkey with Gravy Mashed Potatoes with Chives California Blend Vegetables Dinner Roll Strawberry Gelatin (559)	1	Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Green Peas Chef Salad with Dressing Dinner Roll Fresh Orange <i>Chocolate Milk</i> (826)	2	Entrée Salad Tuna Macaroni Salad with Fresh Salad Greens Club Crackers Tropical Fruit (662)	3	Independence Day Lunch Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Broccoli Florets Fruit Punch Ice Cream Sandwich (911)	4	No Meals

**If you have a food allergy, please notify us.*