

Erle County Stay Fit Dining Program Menu



FEBRUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Macaroni Casserole with Cheddar Cheese Green Beans Apple Juice 771 Italian Bread Butterscotch Pudding (839)	3 Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Tropical Fruit (746) 1615	4 Chicken Breast with Red Pepper Cream Sauce Mashed Potatoes Broccoli Florets Chef Salad with Dressing Wheat Dinner Roll Lorna Doones 1360 (717)	5 Beef Bourguignon Harvard Beets Green Peas Rye Bread 1122 Fresh Orange Chocolate Milk (640)	6 Chicken Parmesan over Pasta Spinach 993 California Blend Vegetables Pineapple Tidbits (678)
9 Mediterranean Chicken Stew Broccoli Florets Carrots Yellow Rice with Turmeric Diced Peaches (608) 513	10 Hamburger with Onion Gravy on a Wheat Bun Mashed Sweet Potatoes Green Beans Vanilla Pudding (753) 816	11 Cream of Potato Soup with Ham 1251 Brussels Sprouts Apple Juice Corn Muffin Fresh Banana Chocolate Milk (692)	12 Tortellini with Tomato Meat Sauce & Mozzarella Cauliflower Green Peas Italian Bread 888 Diced Pears (653)	13 Valentine's Day Broccoli Stuffed Chicken Breast with Herb Cream Sauce Rice Pilaf Mixed Vegetables Cranberry Juice 1427 Chef Salad with Dressing Cheesecake with Chocolate Sauce (1067)
16 No Meals Served	17 Fat Tuesday Cabbage Roll with Savory Meat Sauce Garlic Mashed Potatoes Mixed Vegetables Dinner Roll Mardi Gras Donut (940) 1359	18 Ash Wednesday Macaroni & Cheese Stewed Tomatoes California Blend Vegetables Wheat Bread Rice Krispie Treat (859) 1583	19 Roast Turkey with Gravy & Cranberry Sauce Mashed Sweet Potatoes Brussels Sprouts Multigrain Bread Fresh Banana 976 Chocolate Milk (673)	20 Beer Battered Fish with Tartar Sauce Scalloped Potatoes Carrots Dinner Roll Pineapple Tidbits (677) 1337
23 Polynesian Pork over White Rice Carrots Broccoli Florets Lorna Doones (654) 499	24 Beef Macaroni Casserole with Cheddar Cheese Corn Seasoned Spinach Italian Bread Fresh Orange 762 Chocolate Milk (819)	25 Breaded Chicken Cutlet with Buffalo Sauce on a Bun Au Gratin Potatoes Green Peas Tropical Fruit (761) 951	26 Roast Beef with Horseradish & Gravy Ranch Mashed Potatoes Mixed Vegetables Multigrain Bread Sugar Cookies (730) 745	27 Minestrone Soup & Tuna Salad Brussels Sprouts Grape Juice Wheat Dinner Roll Strawberry Gelatin (728) 1407