









ounty Stay Fit Dining Program















Breaded Chicken Cutlet with

Buffalo-style Sauce on a Bun

Tuna Salad on a Bed of

Mashed Potatoes

Tropical Fruit

Fudge Round Cookie Club Crackers 1147 Fresh Salad Greens

California Blend Vegetables

Rye Bread

Mashed Sweet Potatoes

with Maple Glaze

Lower Sodium Baked Ham

Carrots

Hearty Turkey Stew Garlic Mashed Potatoes Green Beans Dinner Roll Oatmeal Cookies	Chicken & Sausage Paella Rice with Black Beans Corn with Red Pepper Cauliflower Chocolate Pudding (601) 726
Broccoli Cheddar Soup with a Warm Biscuit Carrots Chef Salad with Dressing Strawberry Gelatin	Beef Macaroni Casserole with Mozzarella Peas & Carrots Grape Juice Multigrain Bread Lemon Ice (768) 606

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(713) 940

Tortellini with Tomato Meat (839) 1045

12

Chocolate Milk (622)

Pineapple Tidbits

Chef Salad with Dressing Italian Bread 1144 Sauce & Mozzarella Mixed Vegetables Grape Juice



Chocolate Milk (634) Applesauce 699 **Brussels Sprouts** Dinner Roll

Roast Pork Loin with Gravy Beef Bourguignor **Mashed Potatoes** d

Beer Battered Fish with Tartar Wheat Dinner Roll 1424 Pineapple Tidbits (677) Broccoli Cheese Rice Zucchini & Tomatoes Casserole Sauce -

Roasted Turkey with Stuffing Welcome Winter

Gravy & Cranberry Sauce Apple Pie with Whipped Topping (894) 1477 Mixed Vegetables Mashed Potatoes



Pork Loin with Stuffing & New Year's Mea Scalloped Potatoes Cranberry Chutney __

Chef Salad with Dressing No Meals Served

Lasagn N hocolate Brownie Roll with Tomato Meat inner Roll & Moz arella

*If you have a food allergy, please notify us

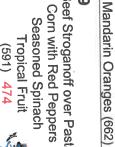
Mandarin Oranges Wheat Dinner Roll











Chicken Caesar Salad with

Caesar Dressing 1221

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Entrée Salad



22

Stuffed Shells with Tomato Meat Sauce & Mozzarella

16

17 Christmas Lunch

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Fresh Banana (822)

Broccoli-stuffed Chicken with

Creamy Herb Gravy

Peppers, Onions & Tomato

Seasoned Potatoes

Green Beans

Sauce on a Bun

Pineapple Tidbits

Cheesecake with Chocolate

Chocolate Mill

(602) 1054

Fresh Orange

Sauce (1044) 1414

Chef Salad with Dressing

Dinner Roll

Peas with Red Pepper Vegetable Rice Pilaf

California Blend Vegetables

Dinner Roll

Harvard Beets

Italian Sausage with

Broccoli Florets

Fruit Punch

Lorna Doones

(775) 1040

Italian Bread

Cheese Omelet with Creole

Chili con Carne with Cheddar

Carrots

(587) 838

24

25

No Meals Served

26

Buffalo-styn Bread

d Chicken Cullet with

Sauce on a Bun

Tater I

Mixed Vegetable

hocolate Milk (813)

Ineapple Tidbits

Beef Pepper Steak Casserole

Chef Salad with Dressing

Fresh Banana (912)

Corn Muffin 1105

Strawberry Gelatin

(581) 749

Broccoli Florets Zucchini Medley with White Rice

Apple Juice

Cheesy Diced Potatoes

Sauce

Green Beans

Muffin 1058





























Brussels Sprouts













