



# Ernie County Stay Fit Dining Program Menu

April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b> Grilled Chicken with BBQ Sauce Rice with Black Beans Au Gratin Spinach Grape Juice Rice Krispie Treat (667) <b>1286</b>	<b>1</b> Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Peas <b>745</b> Dinner Roll Mandarin Oranges <i>Chocolate Milk</i> (727)	<b>2 Soup &amp; Salad</b> Broccoli Cheddar Soup Chef Salad with Garbanzo Beans & Dressing Carrots Fruit Punch Wheat Dinner Roll Lorna Doones (878) <b>1366</b>	<b>3</b> Breaded Boneless Pork Chop with Gravy Mashed Potatoes with Chives Mixed Vegetables Rye Bread Chocolate Pudding (713) <b>1072</b>	<b>4</b> Beer Battered Fish with Tarrar Sauce Cheesy Diced Potatoes Brussels Sprouts Multigrain Bread Strawberry Gelatin (632) <b>1028</b>
<b>7</b> Hearty Beef Stew Mashed Potatoes Brussels Sprouts Warm Biscuit Vanilla Pudding (703) <b>1032</b>	<b>8</b> Breaded Chicken with Buffalo-style Sauce on a Bun Tater Tots Au Gratin Broccoli Fresh Banana <b>1335</b> <i>Chocolate Milk</i> (858)	<b>9</b> Polish Sausage with Sauerkraut & Mustard on a Bun Ranch Mashed Potatoes Carrots <b>1577</b> Fudge Round Cookie (847)	<b>10</b> Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Butternut Squash Corn <b>1316</b> Chef Salad with Dressing Mandarin Oranges (660)	<b>11</b> Omelet with Cheese Sauce Potatoes O'Brien Green Beans Wheat Bread Tropical Fruit (659) <b>1187</b>
<b>14</b> Lasagna Roll with Tomato Meat Sauce & Mozzarella Spinach Grape Juice Italian Bread <b>978</b> Sugar Cookies (796)	<b>15</b> Swedish Meatballs over Pasta Green Peas <b>1136</b> Harvard Beets Pineapple Tidbits <i>Chocolate Milk</i> (696)	<b>16 Easter Meal</b> Chicken Cordón Bleu with Creamy Herb Gravy Scalloped Potatoes Normandy Vegetables Chef Salad with Dressing Dinner Roll <b>2265</b> Coconut Cream Pie (1162)	<b>17</b> Hearty Pork Stew Mashed Potatoes Carrots Dinner Roll Strawberry Gelatin (603) <b>747</b>	<b>18 No Meals Served</b> 
<b>21 Dinygus Day</b> Cabbage Roll with Savory Meat Sauce Mashed Potatoes Corn <b>1379</b> Dinner Roll Boston Cream Pie (882)	<b>22</b> Beef Pepper Steak Casserole over White Rice Broccoli Florets Carrots Diced Pears (587) <b>682</b>	<b>23</b> Roasted Pork Loin with Warm Cinnamon Apples Sweet Potatoes Green Beans <b>513</b> Wheat Bread Butterscotch Pudding (644)	<b>24 Entrée Salad</b> Garden Chicken Patty Salad with Cheddar & Ranch Dressing <b>1472</b> Multigrain Bread Fresh Banana <i>Chocolate Milk</i> (966)	<b>25</b> Beer Battered Fish with Tartar Sauce Broccoli Cheese Rice Casserole <b>1249</b> Country Cottage Vegetables Wheat Dinner Roll Tropical Fruit (654)
<b>28</b> Turkey a la King Mashed Potatoes Carrots Warm Biscuit Chocolate Pudding (685) <b>1437</b>	<b>29</b> Omelet with Cheese Sauce with Peppers, Onions & Tomatoes Tater Tots Raisin Bread Pineapple Tidbits (762) <b>1481</b>	<b>30</b> Baked Rigatoni with Italian Sausage, Tomato Sauce & Mozzarella California Blend Vegetables Fruit Punch Chef Salad with Dressing Dinner Roll <b>1587</b> Fresh Banana (825)	<b>1</b> Breaded Chicken Breast with Gravy on a Bun Cheesy Mashed Potatoes Spinach Strawberry Ice Cream (813) <b>1024</b>	<b>2</b> Roast Beef with Gravy & Horseradish Scalloped Potatoes Brussels Sprouts Rye Bread <b>1105</b> Mandarin Oranges <i>Chocolate Milk</i> (710)

*\*If you have a food allergy, please notify us.*