




# Erie County Stay Fit Dining Program Menu

## April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Dyingus Day Meal</b> Cabbage Roll with Savory Meat Sauce Mashed Potatoes Carrots Dinner Roll Eclair (782) 	<b>2</b> <del>Breaded Chicken Breast with Buffalo-Style Sauce on a Bun</del> <del>Tater Tots</del> <del>Poccoli Florets</del> <b>Chef Salad with Dressing</b> Fresh Banana (867)	<b>3</b>  Beef Stew Mashed Potatoes Brussels Sprouts Warm Biscuit Butterscotch Pudding with Whipped Topping (801)	<b>4</b> Polish Sausage with Sauerkraut & Mustard on a Bun Seasoned Potatoes California Blend Vegetables Mandarin Oranges <b>Chocolate Milk</b> (996)	<b>5</b> Breaded Chickie Drumsticks Scalloped Potatoes Peas with Red Pepper Dinner Roll Fudge Round Cookie (868)
<b>8</b> <del>No Meals Served in Observance of Solar Eclipse</del> 	<b>9</b> Creamy Swedish Meatballs over Pasta Peas Harvard Beets Fresh Orange (650)	<b>10</b> Vegetable Lasagna with Cream Sauce Broccoli Florets <b>Chef Salad with Dressing</b> Wheat Bread Vanilla Pudding (794)	<b>11</b> Ancho Chicken Fajita Skillet with Peppers, Onions, Salsa & Shredded Cheddar Cheese Spanish Rice Fiesta Corn <b>Chef Salad with Dressing</b> Tropical Fruit (809)	<b>12</b> Breaded Pork Chop with Gravy Lazy Pierogi Orange-glazed Carrots Rye Bread Applesauce <b>Chocolate Milk</b> (708)
<b>15</b> Stuffed Shells with Tomato Meat Sauce & Mozzarella Cauliflower Fruit Punch Italian Bread Lemon Ice (827)	<b>16</b> Beef Pepper Steak Casserole over Rice Broccoli Florets Carrots Sugar Cookies <b>Chocolate Milk</b> (720)	<b>17</b> Chicken Breast with Marsala Sauce Mashed Squash Green Beans <b>Chef Salad with Dressing</b> Multigrain Bread Mandarin Oranges (571)	<b>18</b> Steakhouse Burger with Gravy on a Bun Mashed Potatoes Lima Bean Bake Fruit Cocktail (802)	<b>19 Entrée Salad</b> Chicken Caesar Salad with Parmesan Cheese & Croutons Whole Wheat Dinner Roll Chocolate Pudding (804)
<b>22</b> Cheese Omelet with Cheese Sauce Tater Tots Peppers, Onions & Tomatoes Raisin Bread Brownie (804)	<b>23</b> Baked Rigatoni with Italian Sausage, Tomato Sauce & Mozzarella Cheese California Blend Vegetables Grape Juice Dinner Roll Diced Peaches (721)	<b>24 Entrée Salad</b> Cranberry Chicken Salad on a Bed of Salad Greens Wheat Bread Vanilla Pudding (628)	<b>25</b> Breaded Chicken Breast with Gravy Cheesy Mashed Potatoes Spinach <b>Chef Salad with Dressing</b> Whole Wheat Dinner Roll Strawberry Ice Cream (859)	<b>26</b> Roast Beef with Horseradish & Gravy Scalloped Potatoes Brussels Sprouts Rye Bread Diced Pears <b>Chocolate Milk</b> (789)
<b>29</b> Beef Macaroni Casserole with Mozzarella Cheese Spinach Corn Dinner Roll Tropical Fruit (794)	<b>30</b> <del>Hot Dog with Baked Beans &amp; Ketchup on a Bun</del> <del>Macaroni &amp; Cheese</del> <del>Fresh Carrots</del> <del>Fresh Orange</del> <del>Chocolate Milk</del> (793)	<b>1</b> Chicken Breast with Mushroom Gravy Vegetable Rice Pilaf Country Cottage Mixed Vegetables Fruit Punch <b>Chef Salad with Dressing</b> Diced Peaches (667)	<b>2 Entrée Salad</b> Beef Taco Salad with Ground Beef, Shredded Cheddar & Tortilla Strips Fruit Cocktail (653)	<b>3</b> Cheese Tortellini with Chicken & Red Pepper Cream Sauce Cauliflower Green Beans Whole Wheat Dinner Roll Fudge Round Cookie (665)