







Erie County Stay Fit Dining Program
STANDARD

FEBRUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>Beef Pepper Steak Casserole over Rice Wax Beans Broccoli Fruit Delight Cookie (717)</p>	<p>6</p> <p>Stuffed Shells w/ Tomato Meat Sauce Cauliflower Peas Italian Bread Pineapple Tidbits (792)</p>	<p>7</p> <p>Br Chicken Breast w/Gravy Msh Sweet Potato Mixed Vegetable Dinner Roll Fresh Fruit (805)</p>	<p>1</p> <p>Sliced Turkey Breast w/ Gravy over Dressing Sour Cream & Chive Mashed Potato Peas Strawberry Bavarian (741)</p>	<p>2 GROUND HOG DAY</p> <p> Chocolate Milk Steakhouse Burger w/Gravy on a Bun Baked Beans Carrots Orange CHOCOLATE MILK (992)</p>
<p>12</p> <p>Beef Macaroni Casserole w/ Cheddar Cheese California Blend Vegetable Wax Beans w/Mushrooms Dinner Roll Pineapple (736)</p>	<p>13 <i>Mardi Gras</i></p> <p>Chicken & Sausage Jambalaya Carrots Fiesta Corn Wheat Bread Ice Cream (640)</p> <p></p>	<p>14 <i>Ash Wednesday</i></p> <p>Stuffed Shells w/ Italian Tomato Sc & Mozz Cheese Chef Salad w/ Dressing Cauliflower Chocolate Éclair (961)</p> <p></p>	<p>15</p> <p>Homemade Stuffed Pepper w/ Savory Sauce Mashed Potato Grape Juice Dinner Roll Frosted Brownie (1014)</p>	<p>16 <i>President's Day Meal</i></p> <p>Entrée Salad Tuna Macaroni Salad on Lettuce w/ Cherry Tomatoes Wheat Bread Cherry Pie (1245)</p> <p></p>
<p>19 <i>President's Day</i></p> <p> No Meals Served</p>	<p>20</p> <p>Knockwurst w/ Sauerkraut on a Bun Mashed Potatoes Green Beans w/ Red Pepper Chocolate Pudding (746)</p>	<p>21 <i>Woo Hoo!!</i></p> <p>Cabbage Roll w/ Savory Meat Sauce Mashed Potato Corn Breakaway Roll Peaches (723)</p>	<p>22</p> <p>Sweet and Sour Chicken over Rice Seasoned Spinach Wax Beans Oatmeal Raisin Cookies (777)</p>	<p>27 <i>Side Salad-Lenten Meal</i></p> <p>Vegetarian Chili with Cheddar Cheese Carrots Chef Salad w/Dressing Cornbread Tropical Fruit (783)</p>
<p>26</p> <p>Pork Ribbette w/ BBQ Sc and Bun Cr Cabbage w/ Dill Mixed Vegetable Butterscotch Pudding (745)</p>	<p>27 <i>Once Again!</i></p> <p>Beef Stew with Biscuit Corn Orange Chocolate Milk(683)</p> <p></p>	<p>28</p> <p><i>Two Breaded Chicken</i> Drumsticks Mashed Potato Carrots Wheat Bread Frosted Spice Cake (868)</p>	<p>3/1</p> <p>Meatloaf w/Gravy Au Gratin Potatoes Seasoned Spinach Rye Bread Strawberry Bavarian (845)</p>	<p>3/2 <i>Lenten Meal</i></p> <p>Breaded Fish w/ Tartar Sauce Broccoli Grape Juice Mac-n-Cheese Fig Bar (944)</p>